

A
UNIVERSE
of Stories

Classes & Events

Summer 2019

ADULT CRAFTS

(Ages 15 & up)

Join us on the listed dates at 2 PM for a series of fun projects.

July 2 - Turkish Marbling Ebru Art

August 6 - Decorate a Tote Bag

Registration required.

BOOK CLUBS



Beyond Bookworms

Wednesday, July 10 @ 7PM -
The Perfect Comeback of Caroline

Jacobs by Matthew Dicks

Wednesday, August 7 @ 7PM -

The Swans of Fifth Avenue

by Melanie Benjamin

Afternoon Book Club

Tuesday, July 9 @ 1PM

Magic Strings of Frankie Presto

by Mitch Albom

Tuesday, August 12 @ 1PM

Coco Chanel by Lisa Chaney

HEALTHY COOKING WITH JULIANNE

June 20 @1:00PM - Corn Avocado Salad

July 25 @1:00PM - TBA

August 29 @ 1:00PM - TBA

Join Shoprite of Lodi dietitian Julianne as she makes healthy and tasty food.



Registration required.

Retirement Benefit Education

July 17 or 18

@ 6:30 PM

Stop by for a presentation by Nest Egg NJ on retirement and then have any questions you may have answered.



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*Balance
&
Movement*



Thursday July 18 @ 3P.M.

Join us for Balance and Movement with Katonya Rochester from Glorified Bodies Fitness. She'll guide us through some basic movements to help align our mind and body.

Open to Ages 15 and up.
Space is limited so registration is required.
Please dress appropriately.

TAI CHI @
The Library
Thursday August 22
@ 3:00 P.M.



Join us for an afternoon Tai Chi Class with Barry Rochester from Glorified Bodies Fitness. He'll guide us through a beginners class and cover some of the basic moves.

Open to Ages 15 and up
Space is limited so registration is required.
Please dress appropriately.



Feature Film Fridays

@ 2 PM

June 28 - E.T.

July 19 - Guardians of the Galaxy

August 9 - Back to the Future

Refreshments provided.



FOOD
for
FINES
@your library

Bring in one non-perishable food item to donate to the Center for Food Action and get \$5 of late fines waived or two items to get \$10 waived.

Jun 22-Aug 16.

[Fines for Saddle Brook items only.]