



Classes & Events Summer 2018

FOOD *for* FINES

@your library

Bring in one non-perishable food item to donate to the Center for Food Action and get \$5 of late fines waived or two items to get \$10 waived.

Jun 23-Aug 10.

[Only for fines for Saddle Brook items.]

ADULT CRAFTS

(Ages 15 & up)

Join us on the listed dates at 2 PM for a series of fun projects.

June 26 - Turkish Marbling Ebru Art.

August 7 - Decorate A Jewelry Box
Registration required.

BOOK CLUBS



Beyond Bookworms

July 11 @ 7PM - *The Same Sky* by Amanda Ward

August 1 @ 7PM - *The Invention of Wings* by Sue Monk Kidd

Afternoon Book Club

July 11 @ 1PM *Eat, Pray, Love* by Elizabeth Gilbert

August 8 @ 1PM *Eat, Pray, Love* (The Movie)

ADULT COLORING

Relax, kick back, get creative and watch your stress melt away while you color.

Monday

@ 6 PM

June 4

July 9

August 13

Wednesday

@ 1:30 PM

June 13

July 25

August 22



The library will provide coloring pages, color pencils and snacks to fuel your creativity.

ASK AN ELDER LAW ATTORNEY! THURSDAY JULY 12 @ 2PM

Ever heard of elder law? Do you know how an elder law attorney can help you and your family? Come attend this **free presentation** and learn the basics of Medicaid, Medicare, Estate Planning, Senior Veteran's Benefits, and Asset Protection Planning for a Long-term Care Crisis.



Travel and Optimal Wellness Solutions

Thursday July 19

@ 2 PM



Our local expert Janet Ryan will teach us the basics for staying well and energetic while traveling.



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Chair Rock 'n Roll

Thursday August 9 @ 3:00 P.M.

Join us for **Chair Rock N Roll** with Barry Rochester from Glorified Bodies Fitness.

Chair Rock N Roll is a seated dance exercise program to your favorite old time Rock N Roll music that will lift your spirit and make you smile. Stay young with movement!

Open to Ages 15 and up.
Space is limited so registration is required.
Please dress appropriately.

Chair Zumba

Tuesday July 10 @ 3P.M.

Join us for Chair Zumba with Katonya Rochester from Glorified Bodies Fitness.

Chair Zumba is a popular Latin-dance inspired workout accessible for seniors, beginners or others needing modifications in their exercise routine. This class is fun and energizing! Come join the party!

Open to Ages 15 and up
Space is limited so registration is required.
Please dress appropriately.



AFTERNOON CLASSIC MOVIES

Wednesday @ 1 PM

June 20 - Mamma Mia!

August 29 - Grease

Refreshments provided.

Feature Film Fridays

@ 2 PM

July 13 - Paddington 2

July 27 - Black Panther

August 17 - A Wrinkle in Time



COOKING WITH JULIANNE dietitian from Shoprite of Lodi
June 21 @1:00PM - 3 Bean Salad homemade vinaigrette
July 26 @1:00PM - Build a better Burger
August 16 @ 1:00PM - No Bake Energy Bites

